

Before SHP	Trim	Lean Mix		Set HI	Chk Eng. Inst.				
At SHP	Time	Turn	Track	Talk	ETE	ETA			
Flight Plan	Open			Closed					
Enroute Log	Route			Time		Flight Plan			
	From:		To:	ETE:	ETA:	Open	Expire	Date	
Checkpoint	Comp. HDG		Time		Distance				
	Planned	Rev	Over	Elaps	Gone	To Go	G/S	ETE	ETA

Airport	Alt		Frequencies				Procedures & Notes
	Elev	Circuit	ATIS / AWOS	Twr / ATF or MF	Grnd	FSS	

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